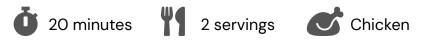


Orumbed Sweet Chilli Chicken

Sliced chicken breast coated in panko crumbs and pan-fried, served with rice, oriental slaw and sweet chilli mayo for dipping.



21 May 2021

FROM YOUR BOX

BASMATI RICE	150g
ORIENTAL SLAW	1 bag (250g)
PANKO & SESAME SEED MIX	1 packet (50g)
SLICED CHICKEN BREAST 🍟	300g
AIOLI 🍧	50g
CHIVES	1/3 bunch *
TAHL KIT	1 packet
	400ml

*Ingredient also used in another recipe

FROM YOUR PANTRY

oil for cooking, salt, pepper, sesame oil (or other), red or white wine vinegar, sweet chilli sauce

KEY UTENSILS

saucepan, large frypan

NOTES

Use the rice tub to guickly measure up 1.5 x amount of water.

No gluten option - panko crumbs are replaced with sesame seeds. Use as a crumb (as per recipe).

VEG OPTION - Ingredients are replaced with vegetarian alternatives - follow the cooking instructions as directed.



1. COOK THE RICE

Place rice in a saucepan, cover with 1.5 x amount of water (see notes). Cover with a lid, cook over low heat for 10-15 minutes. Remove from heat, stand for 5 minutes. Stir carefully with a fork.



2. DRESS THE SLAW

Whisk together 1 tbsp sesame oil and 2 tbsp vinegar. Toss through oriental slaw and set aside.



3. PREPARE THE CHICKEN

Arrange panko crumb mix on a plate or piece of baking paper, season with salt and pepper. Toss chicken with 1/2 tbsp sweet chilli sauce.

VEG OPTION - Heat a saucepan with oil over medium heat. Add dahl kit and cook for 1 minute.



6. FINISH AND SERVE

Serve crumbed chicken with rice, slaw and sweet chilli mayo for dipping. Garnish with remaining chives.

VEG OPTION - Serve dahl over rice topped with slaw and chopped chives.

4. COOK THE CHICKEN

Heat a large pan with 2 tbsp oil over medium-high heat. Press chicken into crumbs, add straight to pan and cook for 5 minutes each side or until cooked through.

VEG OPTION - Pour in coconut milk and 1 1/2 cups water. Simmer for 12-15 minutes or until tender.



5. COMBINE THE MAYO

Mix aioli with 1 tbsp sweet chilli sauce and 1/2-1 tbsp water (for desired consistency). Chop chives and stir through 1-2 tbsp into the mayo.

VEG OPTION - Skip this step.

How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au

